

### Telemedicine Consent

Telemedicine allows your therapist to diagnose, consult, treat, and educate using interactive audio, video, or data communication regarding your treatment. Telemedicine with Dr. Couchman is completely voluntary and is delivered in compliance with state and federal laws.

The laws that protect the confidentiality of your medical information during face-to-face psychotherapy also apply to telemedicine. As such, the information disclosed by you during telemedicine sessions remains confidential. However, there are both mandatory and permissive exceptions to confidentiality that apply to telemedicine, as well, including, but not limited to, reporting child, elder, and dependent adult abuse and expressed threats of violence towards an ascertainable victim.

There are risks associated with telemedicine, including, but not limited to, the possibilities that, despite reasonable efforts on the part of your psychotherapist, our therapy sessions could be disrupted or distorted by technical failures, interrupted, or accessed by unauthorized persons.

In addition, telemedicine-based services and care may not be as complete as face-to-face services. While psychotherapeutic treatment of all kinds has been found to be effective in treating a wide range of mental health, personal, and relational issues, results cannot be guaranteed or assured.

Finally, you have the right to withhold or withdraw consent for telemedicine at any time without affecting your right to future care or treatment.

**A copy of this document will be provided to you upon request. Please feel free to discuss any of these policies with me before or during your time in therapy. Your signature below indicates that you have read, understood, and agree to abide by this Agreement.**

I understand the above terms and hereby consent to participating in psychotherapy via telephone or HIPAA-compliant internet with Dr. Charles Couchman.

Name (please print): \_\_\_\_\_

Signature: \_\_\_\_\_ Date: \_\_\_\_\_

\*This document will go into effect on March 14, 2020